

FEMALE RESULTS
 STRASBURG DUATHLON
 STRASBURG, VA
 APRIL 9, 2011 8am

Place	Bib	Name	Age	City	St	Run 1	Pace	T1	Bike	Rate	T2	Run 2	Pace	Official
1	156	Alison Gittelman	38	South Riding	VA	21:22	6:54	0:42	1:05:05	17.2	0:46	21:30	6:56	1:49:22.6
2	151	Sarah Brown	24	Arlington	VA	21:48	7:02	0:59	1:08:51	16.2	1:05	21:38	6:59	1:54:19.2
3	103	Cynthia Hutchings	48	McLean	VA	24:12	7:49	1:31	1:07:49	16.5	1:22	24:33	7:55	1:59:25.7
4	159	Jen Vendeson	23			24:22	7:52	2:03	1:13:42	15.2	1:33	23:55	7:43	2:05:33.1
5	134	Danielle Batchelder	33	Lynn	MA	25:37	8:16	1:28	1:12:49	15.4	1:46	25:36	8:16	2:07:13.2
6	110	Michelle Dennhardt	44	Stuarts Draft	VA	28:19	9:08	2:14	1:05:50	17.0	1:16	32:32	10:30	2:10:08.6
7	118	Cindy Quinnelly	52	Winchester	VA	27:48	8:58	1:14	1:14:40	15.0	1:34	29:38	9:34	2:14:51.1
8	125	Maria Reissaus	28	Arlington	VA	24:09	7:48	1:58	1:20:45	13.9	0:53	28:08	9:05	2:15:50.5
9	160	Amy Winchester	36			25:29	8:14	1:01	1:22:31	13.6	0:33	26:53	8:41	2:16:24.7
10	102	Holley Morse	54	McLean	VA	25:31	8:14	2:20	1:25:51	13.0	1:36	28:06	9:04	2:23:22.1
11	119	Samantha Kronschnab	29	Arlington	VA	25:37	8:16	2:27	1:26:00	13.0	1:21	28:37	9:14	2:24:00.5
12	104	charmaine shaw	37	winchester	VA	29:38	9:34	1:14	1:20:21	13.9	1:00	33:05	10:41	2:25:15.1
13	146	Sarah McClain	33	Strasburg	VA	28:37	9:14	2:38	1:21:29	13.7	1:25	31:55	10:18	2:26:02.6
14	132	Kimberly Keith	51	Winchester	VA	31:57	10:19	1:16	1:18:58	14.2	0:58	33:27	10:48	2:26:34.3
15	112	Carly Keane	33	Winchester	VA	30:22	9:48	1:39	1:20:20	13.9	0:52	36:41	11:50	2:29:52.6
16	141	MARISOL STRONG	52	STAFFORD	VA	28:45	9:17	1:11	1:26:30	12.9	1:31	35:07	11:20	2:33:02.4
17	127	Kelly Murray	38	Edinburg	VA	30:14	9:46	0:52	1:29:59	12.4	0:45	35:36	11:29	2:37:23.7
18	128	Maya Bruck	43	Arlington	VA	28:54	9:20	1:15	1:35:32	11.7	0:50	32:56	10:38	2:39:25.8
19	101	Courtney Cave	24	Maurertown	VA	30:47	9:56	1:08	1:40:08	11.2	1:06	34:39	11:11	2:47:44.8
20	122	Kathleen Gunther	54	Waynesboro	VA	36:18	11:43	1:08	1:31:23	12.2	1:05	42:04	13:34	2:51:55.7
21	139	Karen Adams	53	Fort Valley	VA	30:44	9:55	0:54	1:41:21	11.0	1:46	39:26	12:44	2:54:09.4
22	124	Birte Unterrainer	28	Herndon	VA	35:24	11:26	3:25	1:49:35	10.2	2:24	49:08	15:51	3:19:53.5
23	113	Marirose Jarvis	37	Springfield	VA	35:23	11:25	3:27	1:51:30	10.0	0:28	49:08	15:51	3:19:54.4
24	145	Brooke Kreger	32	Arlington	VA	26:46	8:38	1:39						DNF